



Pre Ketamine Infusion Instructions

1. You must have a health and physical prior to your infusion completed by your primary care provider. It is preferable if this could be done one week prior to your infusions to give ample time for review to ensure no further studies are required. Please have it faxed to 952-431-5334.
2. Nothing to eat six hours before your infusion. You may have clear liquids (liquids that you can see through) up until two hours before your scheduled infusion.
3. Wear comfortable and loose fitting clothing the day of your infusion.
4. You must have someone to drive you home and stay with you the remainder of the day after your infusion.